



RISK ASSESSMENT

HAZARD	Risk	Control Measure
Being in remote areas	<p>Possible longer reaction time to incidents and accidents.</p> <p>Staffing Ratios (prepared with reference to National Guidance for Walking and Climbing Leaders (2009), Capel Curig, Mountain Training Association (MTA) and in consultation with the MTA).</p>	<p>All instructors are trained to NGB or ASCEND ADVENTURE standards in group management and Instructional techniques appropriate to the level of the activity.</p> <p>All groups will be led by an NGB qualified Mountain leader and their experience and competency from this qualification will make the decision on suitable terrain and location for the group experience and size.</p> <p>Any activity which is deemed outside the remit of the Ascend Adventure NGB qualified staff member will be subcontracted out to the correctly qualified level of instruction.</p> <p>The Mountain leader NGB qualification, through the Mountain Training Association, does not specify the number of clients it is possible to work with safely on the mountain. The decision on this will be taken with technical advice from a holder of a Mountain Instructors Certificate prior to commencement of the activity. Dynamic risk assessment will be carried out and to safe guard the activity further.</p> <p>At times, when the NGB qualified member of staff, in receipt of technical advice, deems it necessary, due to the location, conditions and number of participants, 2 members of Ascend Adventure staff, one of which holds the NGB and one of which has a minimum of Walking Group Leader training, consisting of a minimum of 20 days assisting the leading of groups, will be present.</p> <p>All instructors' training includes choice of routes taken appropriate to the activity with reference to the consequences of a mishap.</p> <p>All participants are trained in the safe use of cooking stoves.</p> <p>All participants are trained to deal with the level of physical and psychological stress caused by higher levels of adventurous activity.</p>

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Equipment	Equipment failure.	<p>All equipment is fit for the purpose it is intended.</p> <p>All equipment is regularly checked and maintained.</p> <p>All instructors will carry or have access to repair kits and or spare parts.</p> <p>All equipment has a thorough check before it is issued for use by participants.</p> <p>All participants are encouraged to do a full kit inspection before commencing the expedition as a good practise exercise.</p>
Weather conditions	Weather conditions can change rapidly	<p>Instructors obtain information on weather conditions for the area they will be working and make an assessment prior to any activity taking place.</p> <p>Careful planning of routes enables an expedition to be aborted with an escape route if necessary.</p> <p>Instructors will ensure each member of the group are appropriately clothed and prepared for the activity taking place and that they are carrying sufficient food and shelter.</p> <p>Instructors will ensure that additional food, clothing and shelter is available should the weather conditions demand it.</p> <p>All instructors are first aid trained to the level required by the NGB for the activity undertaken.</p>
Remotely supervised expeditions	Increased possibility of losing touch with the group.	<p>All Instructors are trained to NGB or ASCEND ADVENTURE standards in group management and instructional techniques appropriate to the level of the activity and have sufficient experience to cope with the extra demands placed by remote supervision.</p> <p>Particular attention given to escape routes/contingency plans/check points/methods of communication and emergency procedures.</p> <p>Instructors are on standby to search for groups that don't turn up at check points and have access to a vehicle if required.</p>

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Public Campsites	Entry to the campsite by an unauthorised person.	All gates are kept shut and locked at appropriate times. All instructors are camping on the same site where the activity allows. Instructor tents are placed closest to the entry point where appropriate. At least one instructors' mobile phone is obtainable during the night. Once the campsite has been reached at the end of the day all participants are asked to stay on the site
Road Crossings	Risk of injury.	All participants are made aware of the hazards of crossing roads and are given appropriate instruction prior to the event including The Countryside Code. All instructors are first aid trained to the level required by the NGB for the activity undertaken
Live Stock	Risk of injury. Possible longer reaction time by emergency services.	All participants are made aware of the hazards of livestock at induction including the Countryside Code. All instructors are first aid trained to the level required by the NGB for the activity undertaken
Farm Machinery	Risk of injury. Possible longer reaction time by emergency services.	All participants are made aware of the hazards of farm machinery at induction including reference to the countryside code All instructors are first aid trained to the level required by the NGB for the activity undertaken
Water: Lakes, rivers, reservoirs	Risk of drowning. Possible longer reaction time by emergency services.	All participants are made aware of the hazards of different water features at induction including reference to the countryside code All instructors are first aid trained to the level required by the NGB for the activity undertaken
Use of cooking stoves	Risk of burning / scolding. Risk of field fire. Risk of tent fire. Possible longer reaction time by emergency services. Carrying flammable liquid.	All participants are made aware of the hazards of cooking stoves including the safe use of the Trangia and Fokker stoves at induction and are asked to demonstrate at this time. Water is easily accessible on camp. All instructors are first aid trained to the level required by the NGB for the activity undertaken. Not all groups depending on the type of activity undertaken will carry appropriate fuel.

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Allergic Reactions	Reactions to food, medication, crop sprays and insect bites or stings. Hay fever / Asthma Possible longer reaction time by emergency services.	All participants have completed and signed OR HAD SIGNED BY a parent or guardian when below 18 an ASCEND ADVENTURE medical consent form which asks the participant to make us aware of any medical condition they may be experiencing. All instructors are first aid trained to the level required by the NGB for the activity undertaken.
Personal hygiene	Risk of causing possible food poisoning. Inappropriate diet	All participants are introduced to the importance of personal hygiene and camp craft skills at induction at start of activity. All instructors are first aid trained to the level required by the NGB for the activity undertaken.
Fire	Risk of burning / scolding Risk of field fire Risk of tent fire Possible longer reaction time by emergency services	All participants are introduced to the safe way to use fire to cook with at first fire lighting session and it is demonstrated what to do in an emergency. The fire is supervised by an Ascend Adventure member of staff or suitably experienced participant identified by dynamic risk assessment. Water and fire extinguishers are readily available The fire is supervised by an Ascend Adventure member of staff or suitably experienced participant identified by dynamic risk assessment.